

PRINT NAME (THE "VOLUNTEER")

Community Food Bank

Feeding Families, Feeding Hope

Release and Waiver of Liability

PLEASE READ CAREFULLY! THIS IS A LEGAL DOCUMENT THAT AFFECTS YOUR RIGHTS. This Release and Waiver of Liability (the "Release") is executed on this ______ day of _____, 20____, by ______ in favor of Community Food Bank, a Texas non-profit corporation,

The Volunteer desires to work as a volunteer for Community Food Bank and to engage in the activities related to being a volunteer. The Volunteer does hereby freely, voluntarily, and without duress execute this Release under the following terms:

its directors, officers, employees, and agents.

1. Waiver and Release. Volunteer does hereby release and forever discharge and hold harmless Community Food Bank and its successors and assigns from any and all liability, claims and demands of whatever kind or nature, either in law or in equity, which arise or may hereafter arise from Volunteer's work for Community Food Bank.

Volunteer understands and acknowledges that this Release discharges Community Food Bank from any liability or claim that the Volunteer may have against Community Food Bank with respect to any bodily injury, personal injury, illness, death or property damage that may result from Volunteer's work for Community Food Bank, whether caused by the negligence of Community Food Bank or its officers, directors, employees, agents, volunteers, or otherwise. Volunteer also understands that, except as otherwise agreed to by Community Food Bank in writing, Community Food Bank does not assume any responsibility for or obligation to provide financial assistance or other assistance, including but not limited to medical, health, or disability insurance, in the event of injury or illness.

- 2. **Medical Treatment**. Except as otherwise agreed to by Community Food Bank in writing, Volunteer does hereby release and forever discharge and hold harmless Community Food Bank and its successors and assigns from any and all liability or claims which arise or may hereafter arise on account of any first aid, treatment, or service rendered in connection with Volunteer's work for Community Food Bank.
- 3. **Assumption of Risk**. The Volunteer understands that the work for Community Food Bank may include activities that may be hazardous to the volunteer, including, but not limited to, construction, loading and unloading, and transportation to and from work sites. The Volunteer hereby expressly and specifically assumes the risk of injury or harm in these activities and releases Community Food Bank from all liability for injury, illness, death or property damage resulting from the activities the Volunteer performs on behalf of Community Food Bank. The Volunteer has read, understood and agrees to abide by Community Food Bank's Safety Guidelines.
- 4. **Insurance.** The Volunteer understands that, except as otherwise agreed to by Community Food Bank in writing, Community Food Bank does not carry or maintain health, medical, or disability insurance coverage for any Volunteer. **Each volunteer is expected and encouraged to obtain his or her own medical or health insurance coverage.**
- 5. **Photographic Release**. Volunteer does hereby grant and convey unto Community Food Bank all rights, title, and interest in any and all photographic images and video or audio recordings made by Community Food Bank during the Volunteer's work for Community Food Bank, including, but not limited to, any royalties, proceeds, or other benefits derived from such photographs or recordings.

I certify that this information is true and accurate to the best of my knowledge, and I release and hold harmless Community Food Bank, for any inaccuracy or misrepresentation.

Signed	Date	
Parent/Guardian Signature (if under 18)		

Volunteer Information Sheet

Contact Information	1
Name:	
Street Address:	
City State Zip Code:	
Cell/Home Phone:	
E-Mail Address:	
Emergency Contact:	
Emergency Phone #:	

Community Food Bank Policies

Rule Reminders:

- You represent Community Food Bank when you are here. Always be respectful to everyone. Community service at CFB is only one of your options. If our rules don't work for you, you can always go somewhere else.
- **Dress Code:** Always wear closed shoes-no open toed sandals, etc. No sagging pants, low cut shirts or tank tops, or inappropriate clothing.
- You cannot use cell phones on the food line or in the warehouse. If you receive an emergency call (sick child, job interview), please step away from the food line.
- Observe warehouse safety rules. Watch for moving equipment. NO HEADPHONES/EARBUDS.
- Volunteers may take home **ONE** (1) food box per week. No extra bags.
- Community Service:
 - **Time Sheets:** We require at least 24-hour notice to have your time sheet updated and signed by Rev. Harris. We will no longer make exceptions for this rule.
 - YOU are responsible for signing in <u>and</u> out on the sign-in sheet. Failure to log in and out can result in lost time. Print your name! If we cannot read it, we can't give you the hours.

Break Time: No smoking is permitted on CFB property.

- No breaks before 11:00 am. A 15-minute break is permitted after you have worked for three hours.
- Lunch is available from 12:30 to 1:30. This is your time to eat. Lunch breaks are 30 minutes. Kitchen staff begins their clean up at 1:30 PM!

Clean Up:

- **Keep walkways clear** of debris and boxes to reduce the risk of trips and falls. If you see something unsafe fix it!
- **Sweep** under everything.
- Take out all trash, put in new trash bags.
- If you are not sure what to do next, ask a CFB supervisor.
 NEVER JUST STAND AROUND.

Violation of any rules WILL result in forfeiture of time served that day and risk immediate dismissal

Community Food Bank Policies	
I have read and understand the CFB policies on attendance and behavior.	
	Date: